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Jane Henney, M.D., Commissioner  
U.S. Food and Drug Administration  
**Labeling**  
Rockville, MD 20857

October 26, 1999  
Re: **Sugar**

Dear Dr. Henney:


As a health care professional concerned about the public's health, I am writing to ask for your support for the petition concerning sugar labeling that was submitted to the FDA in August. By identifying a "Daily Value" for added sugars, and the percentage contained in the food, consumers will be better able to control their sugar intake.

The health impacts of diets high in sugars are of great concern through reducing calcium intake, reducing the intake of other essential nutrients, and contributing to diabetes and obesity as well as tooth decay.

While the current labeling is very clear and helpful, the lack of separation in identifying naturally occurring and added sugars is problematic. It is my opinion that the suggested changes would make it easier for health professionals and consumers to regulate intake of refined sugars.

Thank you for your consideration.

Sincerely,

  
Emily W. Herbert, Ph.D.

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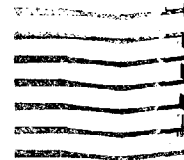
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